

Recess Ready™ Evaluation Checklist

for Elementary School Recess Success



A quick assessment to help school leaders create safer, more active, and more engaging recess experiences.

Let's start with "Why Evaluate Recess?"

Recess is one of the most important parts of the school day. A well-designed recess environment supports physical activity, social-emotional development, inclusion, problem-solving, and school culture. With the help of your administrative team, PE teacher, recess monitors, and students, identify opportunities for continuous improvement in 10 minutes. Use this quick guide to evaluate your current recess program and identify opportunities for improvement to help make your school Recess Ready™!



Evaluation Rating System:

Using the core Recess Ready™ mission statements on Inclusion, Safety, Movement, Engagement, and Leadership, reate each statement on a 1-5 rating scale as follows:

- 1: Rarely or Never
- 2: Needs Significant Improvement
- 3: Sometimes
- 4: Usually
- 5: Consistently



Recess Ready™ Evaluation Checklist

for Elementary School Recess Success



Inclusion Evaluation

Statement	Rating 1-5
Students of all abilities have meaningful ways to participate.	
Multiple activity options appeal to different interests.	
Quiet, cooperative and active play options are available.	
Students are encouraged to include others.	
SUBTOTAL:	0

Safety Evaluation

Statement	Rating 1-5
Expectations are clearly communicated.	
Students know conflict resolution expectations.	
Activity areas reduce congestion.	
Adults actively supervise and engage.	
SUBTOTAL:	0

Movement Evaluation

Statement	Rating 1-5
Most students remain active.	
Different movement opportunities exist.	
Students spend minimal time waiting.	
More than traditional sports are available.	
SUBTOTAL:	0

Recess Ready™ Evaluation Checklist

for Elementary School Recess Success



Engagement Evaluation

Statement	Rating 1-5
Students are engaged throughout recess.	
Play experiences are varied.	
Activities promote teamwork and social interaction.	
Students are excited to participate.	
SUBTOTAL:	0

Leadership Evaluation

Statement	Rating 1-5
Recess is intentionally planned.	
Staff understand their role.	
Adults encourage inclusion and positive play.	
Recess aligns with school culture.	
SUBTOTAL:	0

Total All Evaluations:	Enter from previous sections
Inclusion	
Safety	
Movement	
Engagement	
Leadership	
SUBTOTAL:	

Recess Ready™ Evaluation Checklist

for Elementary School Recess Success



The results are in on your Recess Readiness:

Total All Statements:	
Inclusion	
Safety	
Movement	
Engagement	
Leadership	
SUBTOTAL:	

Score Guide	Star Rating	Phase of Recess Success
90-100	★★★★★	Recess Ready!
75-89	★★★★	Strong Foundation - What Else?
60-74	★★★	Room to Grow & Expand
Below 60	★★	Great Opportunity for Improvement

Need help?
Schedule a meet
with us!



(800) 681-0684

www.fitandfunplayscapes.com.



info@fitandfunllc.com

Copyright 2026 Fit and Fun Playscapes, LLC. All rights reserved.